



## HV Track Team Registration



**FUN!**

**FRIENDS!**

**FITNESS!**

- When:** Practices February 14th to May 10, 2018  
Mondays 3:05 – 4:00 p.m. & Wednesdays 1:25-2:30 p.m.
- Where:** Check in and check out at the lunch area by the MPR.  
Practices will be held on upper playground and lower playground areas, based on age.
- Who:** HV students grades 1-6 who love to run & have fun! Track is more than just running laps. It's playing games to inspire fitness and learning skills.  
**\*Kindergarten students may participate if a parent or caregiver volunteers.**
- Events:**
- (1) Spirit Run, Sunday, March 18th
  - (2) Newport Beach Track Meet, Friday, April 6th
  - (3) Kids Run the OC Marathon (Final Mile), Saturday, May 5th
  - (4) Corona del Mar 5k; 2 Mile Youth Run or Dolphin Dash, Saturday, June 3rd

To register, please see the information on the **following pages.**

**\*Register by Feb. 14th for the chance to win a \$25 Dick's Sporting Goods Gift Card!**

**\*VOUTEERS WELCOME AND NEEDED\***

**IF YOUR INTERESTED IN VOLUTEERING TO BE A COACH OR HELP WITH SIGNING THE KIDS IN AND OUT PLEASE CONTACT:**

Shane and Rebecca Corbin at [hvetrackteam@gmail.com](mailto:hvetrackteam@gmail.com) or 949-378-1291

We make *running* our adventure!



## **Registration Packet**

**We are so excited to have your child on our team!**

Please use the following checklist to ensure you register your student for the Harbor View Vikings Track Team. Upon registering for the track team, a registration packet for this seasons events will be given at the first practice.

### **Please return this entire packet with:**

- Harbor View Track Team Registration Form
- HV Track Team Student/Parent Pledge; Waiver and Release
  - \*Track practice takes place on NMUSD property. Students, parents and volunteers are required to follow their policies.**
- Participation Fee of \$37 per student (covers administrative costs, materials and equipment)
- Yes, my child needs a Harbor View Track Team t-shirt \$12 per shirt
  - T-shirt size (youth sizes)   XS    S    M    L    XL
  - Please indicate if your child needs an adult size     S    M    L    XL
- Please write 1 CHECK total for all students you are registering  
(**\$37 PER CHILD + \$12 per t-shirt ordered**) *Please make all checks payable to HVPFO*  
\$\_\_\_\_\_ TOTAL REGISTRATION PAYMENT
  - \*Track Team T-shirt is the same as last year (2017) and hasn't changed.**

Please make sure the **entire packet with all forms and payment** is completed so your child may participate.



## Harbor View Track Team Registration Form

Student's Name: \_\_\_\_\_

Grade: \_\_\_\_\_ Teacher: \_\_\_\_\_ Date: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Phone # for Person Responsible for Picking up Student: \_\_\_\_\_

\*\*Primary Email Address: \_\_\_\_\_

**\*\* (Email is our primary means of communication, so please print legibly.  
EMAILS WILL BE SENT IF PRACTICE IS CANCELLED FOR ANY REASON – ex. rain)**

Student's birthdate \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

### Parents' Information:

Parent 1 (please print name): \_\_\_\_\_

Cell Phone #: \_\_\_\_\_ Email Address: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Parent 2 (please print name): \_\_\_\_\_

Cell Phone #: \_\_\_\_\_ Email Address: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Additional Authorized person who may pick up student \_\_\_\_\_

Relationship to child \_\_\_\_\_

Cell Phone #: \_\_\_\_\_ Email Address: \_\_\_\_\_

Health concerns/allergies \_\_\_\_\_  
(please attach a separate page if needed)

**\*If student can leave practice on their own, please indicate here and sign:**

I, \_\_\_\_\_ (print name), authorize the Harbor View Track Team to allow my student to leave track practice on their own when practice is finished.  
\_\_\_\_\_ (authorized signature)



### **Harbor View Track Team Students & Parents Pledge**

It is important that you take a few moments to go over the expectations and rules of our program with your child to ensure their health and well-being and the health and well-being of others. The following are agreed-upon responsibilities that we as students, parents, and coaches will live by, supporting student success and team success both at school and at home.

#### **The Student Promise**

My health and fitness are important, and I am responsible for my success. As a student I will LEAD by:

1. Arriving on time and coming prepared by wearing appropriate shoes and clothes for running.
2. Bringing my own water bottle labeled with my name.
3. Using healthy safety habits while running and always during practice, by respecting others' personal space and keeping my hands to myself.
4. Working as a team and practicing school values, both at practice and at all running events I participate in.
5. Signing in and out for attendance. I will leave only with my parent or caregiver unless I am authorized to leave on my own.
6. Having fun!

## **The Parent /Caregiver Promise**

My participation in my child's health and fitness is critical for him/her to be successful.  
As a parent/caregiver I will LEAD by:

1. Sending my child to practice on time and ready to run every Monday (3:05 p.m.) and Wednesday (1:25 p.m.) after school appropriately dressed in running shoes, comfortable running clothes and a water bottle labeled with my child's name.
2. Picking my child up from practice on time every Monday at 4 p.m. and Wednesday at 2:30 p.m.
3. Supporting my child to help meet running and nutritional goals during training and beyond.
4. Ensuring that my child is at every practice. If my child can't attend a practice, I will ensure that he/she makes up the mileage, to complete 26 (accumulative) miles by April 5th, 2018. \*\*Please plan to have your child attend practices each week. We are logging each child's mileage weekly as part of the OC Marathon's Kids Run the OC Program (KROC). Our goal is to have each Track Team member log 25 miles prior to the race on April 5th. If your child is not able to attend all practices, please encourage them to run makeup miles so they may complete 25 miles prior to the final mile. The students will run the final mile at the Kids Run the OC event and each child will receive a medal for having completed a marathon. Certificates will be presented at a special ceremony at Harbor View.
5. Supporting my child at home by helping him/her to complete their nutritional challenge.

**\*ONCE YOU HAVE COMPLETED READING THIS PAGE  
WITH YOUR STUDENT,  
PLEASE READ AND SIGN THE WAIVERS ON THE NEXT PAGE. Thank you!**



**PLEASE SIGN AND RETURN SIGNATURE PAGES PRIOR TO THE FIRST PRACTICE**

**\*Your child will not be able to attend practice until this page is complete – Thank you!**

**Harbor View Vikings Track Team Pledge**

My child and I discussed the Harbor View Vikings Track Team Pledge and my child understands what is expected of him/her during the Monday and Wednesday training sessions and at all track team practices and events. To ensure the health, well-being and safety of all track team members, if my child is unable to abide by the student promise, I understand that he or she may be unable to attend practice.

_____	_____	_____
Student's Full Name	Grade	Student Signature
_____	_____	
Parent Signature	Date	

**Harbor View Track Team Waiver and Release**

My child, (print child's name) \_\_\_\_\_, has my permission to participate in the Harbor View Track Team. In the event of my child's illness or injury, I agree to comply with the school's policy on treating my child. I understand that my child must abide by all Harbor View Track Team rules. I agree to waive all claims against the Newport-Mesa Unified School District, Harbor View Elementary and Harbor View Track Team volunteers and hold each of the foregoing harmless from all liability or claims that may arise out of or in connection with my child's participation in this activity.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **Harbor View Track Team Photo Release**

I grant the Harbor View Track Team and its representatives and volunteers permission to take photographs of my child (print child's name) \_\_\_\_\_ while he/she participates in practices and events. I release any claims to photographs that may be taken during practices and/or events. These photos (print and electronic versions) may be used in the Harbor View Yearbook, for media purposes and to publicize the track team.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **PICK UP POLICY**

Please check the pick-up policy that you prefer:

\_\_\_\_\_ I will pick up my child at the Harbor View Lunch Area next to the MPR following practice

\_\_\_\_\_ Please allow my child to leave on his or her own accord following practice.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **IMPORTANT – EMAIL COMMUNICATION**

I understand email is HV Track Team's primary means of communicating and have provided a current email address below for that purpose. If not, I will obtain Track Team email communications from another Track Team member.

Email: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Any questions, contact: Shane & Rebecca Corbin, coaches at [hvetrackteam@gmail.com](mailto:hvetrackteam@gmail.com) or Shane 949-378-1292**

## **UPCOMING EVENTS THIS SEASON**

(Information will be given for each event upon registering.)

**Spirit Run March 18<sup>th</sup>**

**NB Track Meet April 6<sup>th</sup>**

**Kids Run the OC Marathon Program May 5<sup>th</sup>** (Online registration – instructions will be given at the first practice.)

**Kids Run the OC Marathon. All HV Track Team members are involved in this program as part of our training and practices.**

**The KROC Final Mile Event is Saturday, May 5th, 2018\***

**\*Students MUST BE REGISTERED for the KROC MARATHON PROGRAM to participate in the Final Mile.**

There is no **day of** registration. They do not need to run in the final mile at the OC Fairgrounds to earn their marathon medal. A makeup mile will be held at Track Team Practice for those who need to complete their marathon.

**Students may register online for Twice the Fun (Spirit Run and Track Meet); the Corona del Mar 5k, 2 Mile Run or Dolphin Dash or by event.**